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Super Awesome Traditional Maryland Recipes: Crab Cakes, Crab Dip, Softshell Crab Sandwiches From Baltimore, Annapolis And Ocean City (Cooking Around The World Book 1)





Synopsis

A Cookbook Full of Maryland Recipes from a True Marylander! I have lived in Maryland almost my whole life. I went to high school in Baltimore County and spent my summers in Ocean City. I have also taken classes on the cuisine in Maryland. If there is one thing that I know is the food eaten by Marylanders. First of all, most of us know that Maryland is for crabs! It is the state slogan. But the Maryland cuisine is specific to the Chesapeake Blue Crab which is indigenous to the Chesapeake Bay. This is a large salt water bay that bifurcates Maryland and separates the coast from the mainland. The Blue Crab is sweeter, and in my opinion, tastier than any other crab out there. And I've tried them all. Not only is Maryland known for crabs but it is also known for other types of seafood. Maryland even has its own unofficial spice called "Old Bay." This spice is made by the McCormick Corporation which is headquartered in Baltimore. If you are visiting Baltimore City at the Inner Harbor or in Baltimore County near Hunt Valley, you will be able to smell the spices in the air from the McCormick corporation. You can often smell them on the highway driving down Interstate 83. They make other spices, but no other seasoning is as indicative to Maryland as Old Bay. This recipe book is not all seafood but everything has been made with the spirit of Maryland cuisine in mind. There are many famous places in Maryland and most embody the spirit of being a coastal state and near the Atlantic Ocean and Chesapeake Bay. The U.S. Naval Academy is located in the Maryland State Capitol of Annapolis. Vacationers head to Ocean City Maryland to soak up some rays during the Summer. Tourists flock to the Inner Harbor and visit the National Aquarium. Young party goers visit Fells Point to have a cocktail and eat at a waterfront restaurant. I put this recipe book together as a native Marylander who knows the cuisine and I looked for the recipes that best embodied the spirit of my home state. Enjoy!

Recipes Include: Maryland Crab Cake Chesapeake Bay Soft Shell Crab Sandwich Assateague Island Fried Oysters Inner Harbor Seafood Stew Maryland Crab Soup Maryland Crab Bisque Maryland Cream of Crab Soup Maryland Crab Pizza Maryland Blue Crab Salad Maryland Blue Crab Roll Maryland Crab Cheese Fries Maryland Deviled Eggs Annapolis Shrimp Salad Maryland Potato Salad Maryland Egg Salad Chesapeake Bay Cream of Crab Soup Fells Point Beer Battered Chicken Ocean City Boardwalk Fries Maryland Steamed Blue Crabs Baltimore Crab Imperial Assateague Island Pasta Shrimp Salad Chesapeake Bay Macaroni Salad Eastern Shore Shrimp Salad Annapolis Spuds Baltimore Scalloped Potatoes Maryland Crab Cake Popcorn Maryland Crab Pretzel Philadelphia Soft Pretzel (for the Maryland Crab Pretzel) Lady Baltimore Cake Lady Baltimore Frosting Maryland Pumpkin Seeds Maryland Soft Shell Crab Sushi Roll (aka. Spider Roll) Maryland Crab Stuffed Mushrooms Maryland Crab Quesadillas Maryland Sushi Roll Crab Casserole Maryland Crab Puffs Maryland Crab Cheesecake Maryland Crab Melts Maryland

Crab QuicheMaryland Crab Stuffed TomatoesOcean City GazpachoRoute 50 Watermelon
GranitaMaryland Crab Cantaloupe SaladMaryland Crab Deviled EggsMaryland Crab
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Book Information

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Customer Reviews

I thought it would have more of lower eastern shore like ocean city.

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